

Speaker profile

Dr Talat Alp Ikizler



Dr. Ikizler is currently the Director of Division of Nephrology and Professor of Medicine at the Vanderbilt University School of Medicine (VUSM) in Nashville, Tennessee. He also holds the Catherine McLaughlin Hakim Chair in Vascular Biology. He is a member of American Society of Clinical Investigation (ASCI), Association of American Physicians (AAP), ASCI Advocacy Committee and FASEB Board of Directors.

Dr. Ikizler's clinical interests and expertise are focused on the care of the patients with chronic kidney disease, end-stage renal disease on maintenance dialysis and acute kidney injury. He has significant research and clinical interest in nutritional and metabolic aspects of acute and chronic disease states.

Dr. Ikizler was the Medical Director and CEO of the Vanderbilt University Medical Center Outpatient Dialysis unit between 2000 and 2012. He is currently an Associate editor for *Kidney International*, and he was the Past President of International Society of Renal Nutrition and Metabolism 2010 – 2012, an Associate Editor of *Journal of American Society of Nephrology* 2006-2012, Director of the Master of Science in Clinical Investigation Program at VUSM 2005 - 2017 and member and Chair of American Board of Internal Medicine Nephrology Test Writing Committee 2008 - 2018. He is the recipient of National Kidney Foundation Joel Kopple Award, International Society of Renal Nutrition and Metabolism Thomas Addis Award and VUSM Excellence in Mentoring Translational Scientist Award. He is also the Co-Chair of Kidney Disease Outcomes Quality Initiative – Academy of Nutrition and Dietetics Nutrition in Kidney Disease Clinical Practice Guideline Work Group.

As a clinical investigator focused on mechanisms of disease and patient related outcomes, he is the principal investigator of several ongoing studies aimed at improving the outcomes and quality of life in patient populations ranging from early kidney disease, patients on maintenance dialysis and patients with acute kidney injury. He has published over 250 original articles, 50 editorial reviews and 20 book chapters. He is the co-editor of *Handbook of Nutrition in Kidney Disease*, 7th edition and *Chronic Kidney Disease, Dialysis, and Transplantation*, 4th edition.

18th Asian Colloquium in Nephrology- 21July 2019

KDOQI Clinical Nutrition Guidelines for CKD – The 2019 Update

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Abstract

The purpose of this presentation is to update Physicians, Dietitians and Pharmacists on the newest changes to the KDOQI Nutrition Guidelines to be published in 2019 and discuss strategies for implementing the updated guidelines in their current practice. Through this presentation, we will evaluate the current strategies and updated recommendations for evaluation, prevention and treatment of CKD related nutritional and metabolic abnormalities, describe the updated clinical practice guidelines on assessment, prevention, and treatment of protein energy wasting, mineral and electrolyte disorders and provision of medical nutrition therapy and discuss strategies for implementing updated recommendations into current practice.